

# **Vernon IB World School**

IBelieve. IBelong. IBecome. Come grow with us.

# The Owl Post

# **Vernon's Weekly Newsletter**

Thursday, May 7, 2020









# Coronavirus Updates and Resources for Portland Public Schools

#### **COVID 19 Updates**

This link will take you to the PPS COVID-19 page. On this page you will find links to many resources for support as well as information from the district. A new link has been added from the department for Student Success and Health with links to many of their departments that are available to support students and families during the school closure.

#### **Home-Based Distance Learning**

resources for families are linked to this Portland Public School's <u>page</u>. Here you will find all the information you need regarding teaching and learning that will carry students until the end of the school year.

#### **Upcoming Events and Calendar Dates**

## Monday, May 11 – Thursday, May 14 Home-Based Distance Learning

- K-2 Classrooms via SeeSaw
- 3-8 Classrooms via Google Classroom Look for emails and information from your student's teacher(s) to connect you and your student to their online learning platform.

<u>Monday, May 11</u> – Principal's Virtual Daytime Coffee & Conversation ~ 9:00-9:30pm <u>meet.google.com/dvg-vsqr-zwp</u>

<u>Thursday, May 14</u> – Principal's Virtual Evening Check-In & Conversation ~ 5:30-6:00pm meet.google.com/ymu-qfwt-bed

Here is the link to the Vernon K-8 School Counseling Resources Webpage. We are here to support.

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Jen Goslin - K-5 School Counselor Hilary Gourneau - K-5 Counseling Intern Laura Benice – Middle School Counselor Audrienne Manansala – Middle School Counseling Intern

#### From Ms. Tatiana Bruce – SUN Coordinator

If you or someone you know is in need of support during the COVID-19 outbreak, please reach out to me. I am able to support with a variety of needs, from food and home supplies, as well as financial support. All communication is confidential. You can email me at:

tatianab@selfenhancement.org



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## 2020-21 SCHOOL YEAR

## STUDENT REGISTRATION CHECKLIST

Please gather the following pieces of information before completing the registration process for your child:

- □ Birth Certificate or Passport for birthdate verification
- □ **Immunization Records** Please transfer your records to the form enclosed, and sign and date it before turning it in.
- □ **Proof of Address -Two Documents -** Examples include utility bill, cell phone bill, rental agreement, bank statement insurance statement, or mortgage closing papers. All must be recent and have the parent or guardian's name listed.

Submit the registration either online or through paper forms:

Online - Go to pps.net/enroll and click "Enroll in..." to get started. Submit the enrollment as early as possible and no later than May 31, 2020.

Or:

Paper Forms - Complete the two forms below and submit the completed packet to the school office as early as possible and no later than May 31, 2020.

- Vision & Dental Screening Form- For any child age 7 or younger.
- □ Completed School Registration Form available at the school or online at the Portland Public School website pps.net/enroll



Please submit forms electronically by scanning to walworth@pps.net

or

by mail to: Vernon School Registrar 2044 NE Killingsworth Portland, Oregon 97211

# **VERNON PROUD**

## **Box Tops For Education**

For 23 years, the Box Tops For Education program has been helping schools earn money. Each BTFE coupon clipped and submitted has earned \$.10 for our school. Doesn't sound like much, does it? Those coupons add up to about \$300+ for our school each year. That's enough to pay the transportation for 2 or 3 field trips - or help teachers purchase much-needed classroom supplies.

Last year, the program began transitioning into money earned digitally via receipt scan. The old coupons will still be honored until they expire and will still be worth \$.10 each.

How it works: You'll download the Box Tops app, register and select a school, then scan an eligible receipt containing Box Tops products (see flyer in newsletter).

In time, we hope this program will earn even more funds for Vernon School.

Connie Schwendemann Box Tops Coordinator for Vernon PTA



# **Night Out for Owls Update**

Please note that all sign up events for May from the Vernon Night Out for Owls are postponed. The NOFO team will reach out the hosts and announce new days and times once social distancing guidelines permit. Thank-you for your understanding and patience.

--The NOFO Team

## Reminder about the SafeOregon Tipline

Keeping with our commitment to student safety, PPS joined school districts across the state a couple years ago in using the SafeOregon Tip Line. We want to remind you about this important resource.

SafeOregon was funded by the Oregon Legislature as part of a statewide effort to improve school safety. It provides a secure means for anyone to anonymously report suspicious or imminently unsafe situations that may occur either in person or online.

Examples of suspicious or imminently unsafe situations include: threats of violence/access to weapons; fights; substance use; bullying/harassment; discrimination; intimidation; suicidality; self-harm; bias/hate crimes, and hate speech that is intended to insult, offend, or intimidate based on the attributes of an individual or a group (including disability, gender, gender identity, race/ethnicity, religion, or sexual orientation).

Anyone, from students to parents to community members, can access the system in a variety of ways:

- The "Report unsafe behavior" button found on every PPS school's website
- The <u>SafeOregon website</u>
- A live call/text (844-472-3367)
- An email to tip@safeoregon.com
- The mobile app that can be downloaded from your Smart Phone via iTunes or Google Play



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# EARN CASH FOR OUR SCHOOL

NO MORE CLIPPING, ALL YOU NEED IS YOUR SMARTPHONE.

The NEW and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to our school's earnings online.

LOOK FOR THE NEW LABEL:



# **HERE'S HOW IT WORKS:**



# BUY BOX TOPS PRODUCTS

You can find Box Tops on hundreds of products throughout the store.



# SCAN YOUR RECEIPT

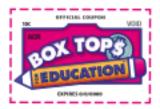
Use the app to snap a photo of your receipt within 14 days of purchase.



# EARN CASH FOR OUR SCHOOL

Box Tops earnings are identified and automatically updated at BTFE.com.

You do not need to clip or send Box Tops labels to school.



# **BOX TOPS CLIPS ON PACKAGES**

Traditional Box Tops clips are being phased out of production but may continue to be found on many products throughout the store as packages transition to the new Box Tops labels. You can still clip these and send them to school. Please make sure each clip has a valid expiration date.









# Ms. Goslin's K-5 Counseling Activities ..... Week of May 11

Hello Everyone!

Thank you for those families that were able to email me pictures of appreciation for our Teachers!

You can find the video <a href="here">here</a>. It really warmed my heart to see our students' smiles, showing their love for their teachers. Vernon is such an awesome community!

I hope you all were able to get outside and enjoy the sun! Don't forget to make time for movement in your day. That is great for your body and your mind.

I shared a 3rd-5th lesson on keeping a Calm Down Journal here.

Vernon Pride! Take care! Ms. Goslin

Email: jgoslin@pps.net

Website: <a href="https://vernonschoolcounseling.weebly.com/contact-us.html">https://vernonschoolcounseling.weebly.com/contact-us.html</a>
Tried an activity? Have an idea?: <a href="https://forms.gle/HjGMb19jkALfQd6b8">https://forms.gle/HjGMb19jkALfQd6b8</a>

Mindful Monday 5/11	GratiTuesday 5/12	Wellness Wednesday 5/13	Thoughtful Thursday 5/14	Fun Friday 5/15
	Attitude Gratitude	WELLNESS		
May is Mental Health Awareness Month	<u>Gratitude</u> <u>Scavenger Hunt</u>	May is Bike Month  Walk and Roll	#DoGoodFromHome Challenge	Create Recycled Art
Month	It can be easy to	Wednesday	Use compassion and	What other people
Visit the PPS Virtual	focus on all the	<b>-</b>	creativity to do acts	might see as "trash",
Calming Room	things we wish we	Get out and "roll"!	of good from home.	you can turn into a
You will find	could be doing,	Spend at least 20		treasure!
activities like:	places we want to go	minutes outside	For every kind act	
guided meditation,	and people we want	every Wednesday,	shared with	<u>Water Bottle Fish</u>
journaling, puzzles, games, coloring, and	to see.	bicycling or doing other outdoor	#DoGoodFromHome, Hasbro will donate a	Soda Bottle Animal
yoga	This activity can	activities.	toy or game to	Planters
7094	help you find joy in	461111165.	organizations	11411010
Try the Mental	where you are and	Watch a bike safety	providing care to	Milk Jug Bird
Health Checkup &	be thankful for the	<u>video</u>	the children of	<u>Feeders</u>
Tool Kit	things you have.		COVID-19 essential	Egg Carton Animals
	h++nay / /h i+ h / /25 4 C		workers, up to	Lyg Cui Ton Animuis
	https://bit.ly/35AG YYD		25,000 toys and games.	Fairy Houses
	770		guilles.	
			https://dogoodfrom	
			home.com/	

# Lunchtime Doodles with Ms. Anna

Get your drawing materials out and join Ms. Anna in her art studio for some creative lunchtime fun. We will listen to music, share art and doodle together.



# Tuesdays at 11:30 on Google Meet!

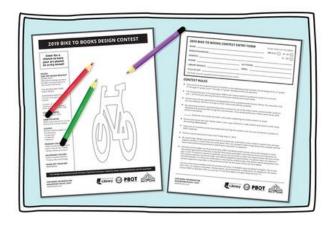
https://meet.google.com/gyc-cwad-mfc?hs=122



# BIKE MONTH IS IN MAY, AND THAT MEANS IT'S TIME FOR THE BIKE TO BOOKS DESIGN CONTEST!

<u>Click here</u> to view the winning designs from 2019 and <u>here</u> for the PBOT page with details.

Celebrate Bike Month this May by taking a bike ride to your <u>local library</u>! Every person who bikes to a Multnomah County Library branch will receive a sticker when you pick up your contest form in May!



- Join the Bike More Challenge and log your bike trips to the library and elsewhere!
- Check out PBOT's Event Calendar on Facebook for a list of Bike Month happenings around the city.
- Share your bike ride to the library on social media with the hashtag #BiketoBooks!

Did you know? Riding your bike to school or to the library can be simple, efficient and, most importantly, fun. Research shows that biking to school has learning benefits for kids as well.

Bike to Books is a bike-friendly collaboration between the Portland Bureau of Transportation, and Multnomah County Library.

# 2020 BIKE TO BOOKS DESIGN CONTEST

Enter for a chance to have your art placed on a city street!

#### **PRIZES:**

#### ONE PER GRADE BRACKET

**GRAND PRIZE** 

Bike lane art design installed by PBOT striping crews on a city street in Portland.\*

FUN SECOND AND THIRD PLACE PRIZES!

\*Location, timing and final rendition of the winning design will be determined by PBOT staff.

#### **CONTEST DATES**

May 1 - May 31, 2020

#### **HOW TO ENTER**

Print the form on biketobooks.com or request printed forms at: surveymonkey.com/r/BiketoBooks

Email photos of BOTH SIDES of your completed entry form to biketobooks@portlandoregon.gov and keep the original copy!

#### JUDGING

Winners will be judged on the following:

- Originality
- Creativity
- Whimsy

#### **PRIMARY COLORS**

These are the most common colors used on our streets:

• White, Yellow and Green

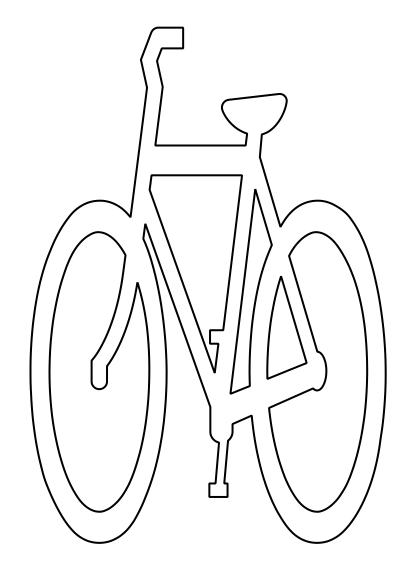
#### **SECONDARY COLORS**

Used in smaller amounts:

• Purple, Red and Orange

#### **SHOW OFF YOUR ART**

#BikeToBooks



Your design can extend outside the lines. Feel free to let your creativity shine! Visit biketobooks.com for examples.







2020 BIKE TO BOOKS CONTEST EN	Grade: Check box that applies	
NAME:		PRE-K-2 <sup>nd</sup> 3 <sup>rd</sup> - 6 <sup>th</sup>
PARENT/GUARDIAN:		7 <sup>th</sup> - 12 <sup>th</sup>
ADDRESS:		
PHONE:	ALT PHONE:	
LIBRARY BRANCH:	EMAIL:	
TITLE OF ART:		
*All fields must be completed to be entered into the contes	t.	

## **CONTEST RULES**

- Entry must be the original artwork of children in the following grade brackets: Pre-Kindergarten to 2<sup>nd</sup> grade, 3<sup>rd</sup> through 6<sup>th</sup> grade, and 7<sup>th</sup> through 12<sup>th</sup> grade. Multiple entries are welcome.
- The Portland Bureau of Transportation (PBOT) will contact winners by phone or email on or around July 31, 2020 and post winning entries to the bureau website and social media.
- Entries will only be accepted through the Bike to Books email: biketobooks@portlandoregon.gov.
- By submitting artwork, the Parent/Guardian consents to use of the child's name, artwork and/or quote on materials that promote PBOT programs and activities. If you would prefer your child's name not be used, please initial below.
  - \_\_\_\_\_\_ Please do not include my child's name when publishing my child's artwork or quote.
- There are no monetary prizes associated with winning this contest or for the use of artwork or quotes on PBOT materials.
- Entries must be received no later than Friday, May 31, 2020.
- By submitting a design, you promise that the artwork you submitted: is your original creation; has not been copied in whole or in part from any other work; does not say bad or false things about other people; and has never been previously published or submitted to any other competition.
- Decisions of the judges are final and binding. PBOT and Multnomah County Library will attempt to notify the parents/guardians of winners using the information provided in the entry form by end of business on July 31, 2020. If a winner's parent or guardian cannot be contacted or does not respond within 48 hours of the first contact attempt, if a winner does not fulfill the eligibility requirements, if a winner does not adhere to the Official Rules, or if the prize notification is returned as undeliverable, that winner will be disqualified and contest organizers may select a new potential winner by the same criteria set forth above.
- The City of Portland complies with all non-discrimination, Civil Rights laws including Civil Rights Title VI and ADA Title II. To request translation, interpretation, accommodation, modifications, or additional info please contact PBOT at 503-823-5185, or use City TTY 503-823-6868, or Oregon Relay Service: 711.





